

Please Enjoy Your Breakfast

You may choose from either of the menu routes for your breakfast.

Continental Breakfast

Or

Full Cooked Welsh Breakfast



Choice of Fruit Juice
Tea / Coffee / Hot Chocolate
Toast
Various Jams
Choice of Cereals
Yoghurt and Warm Croissants
Choice of Fresh Fruit

Or

Choice of Fruit Juice
Tea/Coffee/Hot Chocolate
Toast (Brown or White)
Various Jams
Full Cooked Welsh Breakfast
(consists of prime thick cut back bacon, pork sausage, Gower free-range egg, fresh mushrooms, plum tomato, baked beans.)
Or
Vegetarian
(everything less meat but with a vegetarian sausage.)

Alternatives to Full Cooked Welsh Breakfast:-

Poached, Scrambled or Fried Eggs on Buttered Toast, Traditional Kippers, Bacon, Egg or Sausage Sandwich or Toast, Baked Beans on Buttered Toast.

Laver Bread and Cockles available - pre-order and notice required for freshness.

Children staying free or on reduced rate are entitled to:-

Choice of Cereals, Toast and Choice of Jams, Glass of Fruit Juice or Milk, Choice of Fresh Fruit.

Baby Foods and Milks warmed on request.

Please let us know at the time of booking if you have any special dietary needs.